



**Fall 2010 Jr. Development
Tennis Program
Conducted By:
Tony Mulé,
Head Tennis Pro**

The Junior Development Program at Green Valley Swim & Tennis will offer junior players tennis instruction that is fun and motivating. It will facilitate a positive environment that encourages a strong work ethic and willingness to learn. The program will be team based oriented that is managed by dedicated & certified professionals, with all sessions having low student to pro ratios. Players must be prepared to give their best for they are responsible for their individual improvement as well as accountable to the success of the entire group. Focused training partners, fitness experts and supportive parents are all integral parts of a player's success. The program is made up of 3 groups, which will be formed at the discretion of the Pro by age & ability.

Description Of Groups:

Future Stars Group

This program is designed for our beginner to advanced beginner players ages 8-14. A strong focus will be placed on technique and stroke development. Attention will be placed on serving and improving rallying skills to enable players to participate in JTT, GRETA Ladder and other leagues. The group will develop simple tactical concepts as well as gaining an awareness of point play, while emphasizing enjoyment of competition to the players

Shot Makers Group

This program is designed for our intermediate players ages 11-16 who want to commit more seriously to tennis in order to develop their overall level of play. Players enrolled in this group should be committing to 2-3 days of tennis and should be competing consistently. Attention will be placed on refining stroke technique, proper warm-up and conditioning, match strategy, and mental preparation. Players at this level are expected to be participating in competitive matches such as JTT, GRETA Ladder, and High School or USTA Sanctioned Tournaments.

Achiever Squad

This program is designed for the advanced player aged 14-18 who are top-level High School athletes and USTA Tournament players who must have at least a state, sectional or national ranking. These players should already have well-developed technique and match experience. Players are expected to perform at a high level both to ensure their success and that of the group. The achievement of these athletes requires each player to perform every practice at a high level of intensity. Attention will be placed on developing and maintaining a strong work ethic and commitment to the sport. Through motivational coaching, the squad members will be put through intense drilling and conditioning. Mental aspects will be covered through match strategy and head-to-head competition. Players in this program will be prepared for competition at State through Collegiate level.

Session Dates:Session I: August 30th – October 3rd (5 Weeks)Session II: October 4th – November 7th (5 Weeks)

Session Day & Time	Future Stars	Shot Makers	Achiever Squad
Day	Tuesday & Thursday	Monday - Thursday	Monday - Thursday
Time	5:15-6:45pm	5:15-7pm	5:15-7pm

Session Prices	Future Stars	Shot Makers	Achiever Squad
Unlimited Days	\$200	\$360	\$360
3 Days	-	\$320	\$320
2 Days	\$200	\$250	\$250
1 Day	\$115	-	-
Drop-In	\$26	\$28	\$28

Jr. Program Staff:

Tony Mulé – Head Tennis Pro & Junior Director

Eddie Luck – USPTA Certified Professional & Collegiate Coach

Thomas Mozur – USPTA Certified Professional & UNCG Men’s Head Coach

Erica Zabkar – USPTA Certified Professional & UNCG Assistant Women’s Coach

Andrey Bubnov – UNCG Assistant Men’s Tennis Coach & Former Player

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